

## **STUDY GUIDE: “The Perfect Woman”**

### **Discussion Starters**

1. What would you consider the most important quality of a woman?
2. What would you consider the most important quality of a man?

### **Study**

**This study guide is designed to follow up the sermon “The Perfect Woman” at NOCC on 7/29/18. If you weren’t in worship at NOCC that Sunday, listen to the sermon on [nocc.org](http://nocc.org) or the NOCC app.**

3. Read Proverbs 31:10-31 and summarize what it says about the perfect woman.

To complete the next section of the study guide, you will need to use a Bible Dictionary. Remember, the words listed below are from the NASU, but the word you are trying to define is the Greek or Hebrew word translated by the NASU—NOT the English word. If you have any questions about how to use these tools, contact your group leader or one of the pastoral staff.

4. Define the following words or terms. Note for each of them how understanding the meaning and background of that word better helped you understand this passage, and why you think this word was chosen.

--“excellent” (Proverbs 31:10)

--“wife” (Proverbs 31:10)

--“heart” (Proverbs 31:11)

--“strength” (Proverbs 31:25)

--“dignity” (Proverbs 31:25)

--“teaching” (Proverbs 31:26)

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5. Does this passage describe a “woman” or a “wife”? Please explain why.
  
6. List the different qualities this perfect woman has.
  
  
  
  
  
  
  
  
  
  
7. Which of these qualities would be good for a man to have as well?
  
  
  
  
  
  
  
  
  
  
8. Is this passage hyperbole, or do you believe all women should aspire to all of these characteristics? Please note whether this is opinion or based in scripture, and explain your answer.
  
  
  
  
  
  
  
  
  
  
9. What response should children and husbands of a woman make to her efforts according to this passage?

**Taking It Home**

10. Which of these qualities do you need most in your life? What steps will you take to have these qualities? Be specific.
  
  
  
  
  
  
  
  
  
  
11. How do you respond to others when they excel in ways like this (especially spouses, but just spouses)? How do you need to adjust this according to this passage?