

STUDY GUIDE: “THRIVE”

Discussion Starters

1. What does “thrive” usually bring to your mind?
2. Specifically, what do you need most to “thrive”?

Study:

3. Look up the following passages. Read them in context and note what they teach us about thriving spiritually.

Mark 9:35

Acts 2:42-47

Romans 6:12-13

Romans 12:1-2

2 Corinthians 9:6-8

Colossians 3:17

1 Thessalonians 5:17

2 Timothy 2:15

Hebrews 10:25

1 Peter 3:15

4. Summarize what these passages teach.

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5. To complete the next section of the study guide, you will need to use a Bible Dictionary. Remember, the words listed below are from the NASU, but the word you are trying to define is the Hebrew or Greek word translated by the NASU—NOT the English word. If you have any questions about how to use these tools, contact your group leader or one of the pastoral staff.

Define the following words or terms.

--“fellowship” (Acts 2:42)—

--“lusts” (Romans 6:12)—

--“worship” (Romans 12:1)—

--“be diligent” (2 Timothy 2:15)—

--“assembling” (Hebrews 10:25)—

--“defense” (1 Peter 3:15)—

6. Choose one of the words you looked up above, and write how understanding the meaning and background of that word better helped you understand this passage.

7. From this study, are these aspects of spiritual health truly essential? Please explain.

Taking It Home

8. Do you believe Christians take the essentials (as defined in the sermon) seriously today? Why/why not?

9. How important do you believe it is to talk about these aspects of spiritual health? Please explain.

10. With regard to the essentials, what do you personally need to do in order to be stronger spiritually?